

Local Residents, we need you!



Volunteering can be wonderful and fulfilling, it can provide help and support to those who need it the most.

At Macmillan Crossroads Care Kent & Medway Volunteer Service, we support people affected by cancer and their carers. Our team provide quality information and guidance, along with a helpful assessment process to understand what support is needed. Currently our volunteers provide:

- companionship
- emotional support
- light housework or gardening
- social outings
- shopping
- escorting to medical appointments

One of our valued volunteers Isabel has expressed the following; *“I became aware of the Macmillan Crossroads volunteer opportunity whilst volunteering for Pilgrims Hospice and they asked me to come in for an interview. The rest is history (well over 3 years of it) I visit people in their homes do bits of light gardening, light housework, shopping trips, health appointment visits and cups of tea and chats. I even get to work once again with students as I am lucky enough to be part of training and supporting 6th form students in this type of care work. The rewards are immense I have learnt so much from these people about lives led challenges faced and to still be faced, all is put into perspective. Life is for living and sharing even when time maybe in short supply. Give it a go Every visit is different and being part of a team is very enjoyable.”*

Can you spare some time each week?

Do you have a good listening ear, the first and most important part of helping?

Do you have a special interest or skill that someone could benefit from?

Volunteering is a very positive addition to your CV as it can demonstrate your commitment to a work ethic and your caring nature. There is also in-house training available for all volunteers and volunteering expenses can be reimbursed in line with our volunteering policy.

Local volunteers are required to help local people. At the moment, volunteers travel from all over the west Kent area to help local residents.

If you feel you'd like to make a difference when someone needs a helping hand, contact Jen or Charley on 01622 817114, charley.macmillan@crossroadskent.org or find us on Facebook Macmillan Crossroads Volunteer Service

